

# Food Assistance Resources



## Food Pantries

If you need food, York County has a network of food pantries that can help with a one-time emergency or offer monthly appointments as needed. Many food pantries offer a variety of healthy food choices, including canned /packaged items, frozen foods, and fresh foods like fruits, vegetables, and eggs. As pandemic safety steps allow, clients may be able to choose from items in a food pantry.

- Search for a food pantry by zip code on the Central Pennsylvania Food Bank's website – [Centralpafoodbank.org](http://Centralpafoodbank.org) – or call their helpline: **1-877-999-5964** Mon. – Fri. from 8 a.m. – 4 p.m. (Se habla Español)
- Search for a food pantry by zip code using the Food Pantry Locator feature on the York County Food Bank website: [yorkfoodbank.org](http://yorkfoodbank.org)
- Call 211 – 24 hours a day, 7 days a week

## MilitaryShare Program

This mobile food distribution program is designed to provide fresh, nutritious foods for families with at least one member who served or is serving in the armed forces. For details and to register, call the site nearest you:

- Lions Hall Bingo (Red Lion): 717-417-2077
- New Cumberland Post 974: 717-695-1477
- Roots for Boots- VFW Post 2506: 717-316-0155
- Shiloh American Legion Post 791: 717-979-7201
- White Rose VFW Post 556: 717-309-6726
- York Vets Helping Hand: 717-900-4742

## SNAP (Supplemental Nutrition Assistance Program)

(See back page for income guidelines)

SNAP benefits help people eat healthy by stretching their food dollars at grocery stores and supermarkets. If you qualify, you'll get a debit card with a monthly amount of money to use for groceries. You can...

- Complete an online application by visiting [www.Compass.state.pa.us](http://www.Compass.state.pa.us).
- Apply by calling a representative at: **1-866-550-4355**.
- Get help in applying for SNAP from the Central PA Food Bank's Food Stamps Helpline staff.
  - Call toll-free at **1-877-999-5964**, Mon. – Fri. from 8:00 a.m. – 4 p.m. (Se habla Español); OR
  - Text **APPLY (APLICAR en español)** to **1.877.999.5964** to request help.

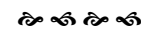
## York County Food Bank Programs

**254 W. Princess St., York, PA**  
**[www.Yorkfoodbank.org](http://www.Yorkfoodbank.org)**  
**717-846-6435**

The Food Bank also serves anyone in need – from anywhere in the county. Clients are asked income information for data purposes only. Your income level will not prevent you from getting food. ID is not required but is helpful for registration.

### Drive-Thru Food Distribution

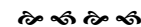
East York Emergency Food Hub  
1094 Haines Rd., York PA 17402  
**Tuesdays, 4:30-6:30 p.m.**



### Public Food Distribution

Hosted by Harvest of Blessing Food Pantry  
York County Food Bank  
254 W Princess St.

**Tuesdays, Wednesdays & Fridays,**  
**11:00a.m.-1:30p.m.**  
**Saturdays, 11:00a.m.-12:30p.m.**



### Mobile Pantry – Glen Rock\*

Glen Rock Ambulance Club  
59 Water St.

**2<sup>nd</sup> & 4<sup>th</sup> Wednesdays, 11:30 a.m.-12:30 p.m.**

\* Check YCFB's website for new mobile sites.

↪ **Distribution days/times may change due to holidays.** Check the website.

↪ **Inclement Weather Policy:** In case of inclement weather, the Food Bank will follow the York Suburban School District's closures or modified schedules. **If a Tuesday distribution is cancelled due to inclement weather, it will be held on Thursday.**

For additional information about SNAP benefits, contact the York County Assistance Office, call 1-800-991-0929.

Use the [SNAP Retail Locator](#) website to search by zip code for a retailer authorized to accept SNAP-EBT payments.

### SNAP Online Purchasing Pilot Program:

Only eligible food items normally covered by SNAP can be purchased online with SNAP benefits using an electronic benefit transfer (EBT) card. You will need to use another method of payment, such as a credit or debit card, to pay for any items not allowed by SNAP, delivery feeds or driver tips. Pilot retailers include:

- ALDI at [aldi.us](http://aldi.us)
- Amazon at [Amazon.com](http://Amazon.com)
- Walmart Supercenters – Etters, Gettysburg, Hanover, Shrewsbury, and York (2) stores – at [walmart.com](http://walmart.com)

## Programs for Families with Kids

### Women, Infants & Children Program (WIC)

(See income guidelines below)

Community Progress Council manages the WIC program in York County. This special program helps pregnant women and mothers or foster parents with children under age 5 with food, health screenings, and nutrition information. Benefits include an eWIC EBT card for shopping and use of a WIC Shopper App to help find WIC approved stores, WIC foods, recipes, and other healthy eating tips. Farmers’ Market Nutrition Program vouchers are also available in the summer – for use at local farm markets. To find an office near you, call **(717) 843-7942** or search online at [pawic.com](http://pawic.com).

### Meals for School Students

Contact your school or search the school district’s website for information about school meals and any additional food assistance programs offered by the school and local community partners. To find a site offering free meals and snacks to children in need during the summer months, Text **FOOD (COMIDA en español) to 877-877** or call **1-866-348-6479 (1-877-842-6273 en español)**.

### **Penn State Extension Nutrition Links**

#### Teaching people how to eat better for less!

Join a series of FREE lessons with fun activities and tips for eating healthy on a limited budget, planning fast and easy meals, and keeping food safe to eat.

#### Who may attend?

Parent or caregivers of a child 19 and under who qualify for: Free or Reduced School Lunch, WIC, SNAP Benefits, or Food Pantry Boxes/Bags.

#### Want More Information?

Call Terri Rentzel at 717-840-7408 for details and to sign up.

## Programs for Seniors

### Senior Box Program

Once per month, income-eligible seniors (60+) can get a free box of healthy food. For pick-up sites and to sign up, call the York County Food Bank at **717-846-6435 x 202**. A “proxy” can pick up the box. (See income guidelines below)

### Prepared Meals

Group/take-out meals are served at York County senior centers for any resident 60 years of age or older. Call your local senior center to sign-up for a meal. For information about home-delivered meals or to find a senior center near you call, **717-771-9610**. Click the “Older Adults” link on the [Area Agency on Aging website](#) for more details.

### Farmers’ Market Nutrition Program

Eligible seniors can get a one-time check per calendar year to buy Pennsylvania-grown fresh fruit and vegetables from local farm markets from June 1 through November 30. To be eligible, seniors must be York County residents, be 60 years of age by December 31 and meet the annual gross income level. For more information, call **(717) 771-9610 or (800) 632-9073**.



<i>To qualify for the programs, gross monthly income must be <b>equal to or less than the amounts shown</b> per household size.</i>	Household Size	Household Size	Household Size	Household Size	Additional Member
<b>Note:</b> Income guidelines change on a yearly basis. Current amounts as of 10/2021.	1	2	3	4	+1 (Approx.)
Supplemental Nutrition Assistance Program (SNAP/Food Stamps)	\$1,718	\$2,323	\$2,928	\$3,534	+\$606 each
SNAP for 60+ or Disabled	\$2,148	\$2,904	\$3,660	\$4,418	+\$758 each
Women, Infants & Children Program (WIC)	\$1,986	\$2,686	\$3,386	\$4,086	+\$700 each
Senior Box Program	\$1,383	\$1,868	\$2,379	\$2,871	+\$492 each