



Sharing Christ's love by meeting human needs

## Food Pantry Grocery List

- Applesauce
- Boxed meal mixes (chicken helpers; home style bakes)
- Breakfast cereals and pancake mix, instant oatmeal
- Canned chicken, tuna or beef stew**
- Canned fruit and fruit cups**
- Canned milk
- Canned ravioli or other canned pasta
- Canned vegetables**
- Cookies or cookie mix
- Dry milk, flour; sugar; brown sugar
- Ground coffee; tea bags; iced tea mix
- Infant formula
- Instant potatoes; rice mixes
- Juice and juice boxes**
- Ketchup and mustard**
- Mayonnaise, Miracle Whip
- Muffin, cake, bread mixes
- Pancake syrup
- Peanut Butter**
- Powdered drink mixes
- Pudding or Jell-O
- Raisins
- Vegetable oil, including spray
- Pasta
- Macaroni and cheese
- Jelly or jam
- Canned gravy
- Saltine crackers; snack crackers
- Salt, pepper
- Popcorn

### ***Cleaning and Hygiene items***

- Bar soap
- Deodorant (men's and women's)
- Diapers, wipes, diaper cream**
- Dish soap
- Disposable razors (men's and women's)
- Feminine hygiene products**
- Laundry detergent**
- Shampoo**
- Shaving cream
- Toilet paper; paper towels**
- Toothpaste
- Toothbrushes

We also welcome donations of fresh or frozen meats, fresh fruits and vegetables, and milk and dairy products. **Most-needed items are in boldface font.**

Donations typically accepted Monday through Friday between 9:00am and 4:00pm at our centers listed below. See website for details: [www.nhm-pa.org](http://www.nhm-pa.org)

### ***Dillsburg Center***

99 W. Church St  
Dillsburg, PA 17019  
717-432-3053

### ***Littlestown Center***

1113 Frederick Pike  
Littlestown, PA 17340  
717-848-0885

### ***West Shore Center***

701 Bosler Ave  
Lemoyne, PA 17043  
717-774-6255

### ***Dover Center***

62 North Main Street  
Dover, PA 17315  
717-292-3441

### ***Mechanicsburg Center***

5228 E. Trindle Rd  
Mechanicsburg, PA 17050  
717-766-7333

### ***Enola Center***

110 Altoona Avenue  
Enola, PA 17025  
717-996-9006

### ***New Oxford Center***

154 Enterprise Dr  
New Oxford, PA 17350  
717-624-4700

### ***Hanover Center***

135 Baltimore Street  
Hanover, PA 17331  
717-698-3365

### ***Red Land Center***

539 Old York Rd  
New Cumberland, PA 17070  
717-774-6255