Food Pantry Grocery List

- Applesauce
- Boxed meal mixes (chicken helpers; home style bakes)
- Breakfast cereals and pancake mix, instant oatmeal
- Canned chicken, tuna or beef stew
- Canned fruit and fruit cups
- Canned milk
- Canned ravioli or other canned pasta
- Canned vegetables
- Cookies or cookie mix
- Dry milk, flour; sugar; brown sugar
- Ground coffee; tea bags; iced tea mix
- Infant formula
- Instant potatoes; rice mixes
- Juice and juice boxes
- Ketchup and mustard
- Mayonnaise, Miracle Whip
- Muffin, cake, bread mixes
- Pancake syrup
- Peanut Butter
- Powdered drink mixes
- Pudding or Jell-O
- Raisins
- Vegetable oil, including spray
- Pasta
- Macaroni and cheese
- Jelly or jam
- Canned gravy
- Saltine crackers; snack crackers
- Salt, pepper
- Popcorn

Cleaning and Hygiene items
- Bar soap
- Deodorant (men’s and women’s)
- Diapers, wipes, diaper cream
- Dish soap
- Disposable razors (men’s and women’s)
- Feminine hygiene products
- Laundry detergent
- Shampoo
- Shaving cream
- Toilet paper; paper towels
- Toothpaste
- Toothbrushes

We also welcome donations of fresh or frozen meats, fresh fruits and vegetables, and milk and dairy products. **Most-needed items are in boldface font.**

Donations typically accepted Monday through Friday between 9:00am and 4:00pm at our centers listed below. See website for details: [www.nhm-pa.org](http://www.nhm-pa.org)

**Dillsburg Center**
99 W. Church St
Dillsburg, PA 17019
717-432-3053

**Littlestown Center**
1113 Frederick Pike
Littlestown, PA 17340
717-848-0885

**West Shore Center**
701 Bosler Ave
Lemoyne, PA 17043
717-774-6255

**Dover Center**
62 North Main Street
Dover, PA 17315
717-292-3441

**Mechanicsburg Center**
5228 E. Trindle Rd
Mechanicsburg, PA 17050
717-766-7333

**Enola Center**
110 Altoona Avenue
Enola, PA 17025
717-996-9006

**New Oxford Center**
154 Enterprise Dr
New Oxford, PA 17350
717-624-4700

**Hanover Center**
135 Baltimore Street
Hanover, PA 17331
717-698-3365

**Red Land Center**
539 Old York Rd
New Cumberland, PA 17070
717-774-6255

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