

Summer Salad



INGREDIENTS

FOR THE SALAD

- ½ cup dried cranberries
- 1- 5 oz container pre-washed kale/lettuce mix
- 1 can mandarin oranges, drained
- 1 apple, thinly sliced/chopped
- ½ cup carrots, shredded
- 1/2 cup [walnuts](#), chopped
- 1/4 cup feta cheese crumbles

FOR THE CITRUS VINAIGRETTE

- 2 tablespoons extra virgin olive oil
- 4 tablespoon orange juice
- 3 tablespoon [honey](#)
- 1 tablespoon [apple cider vinegar](#)
- pinch of salt

Whisk all ingredients together in a small bowl, set aside.

INSTRUCTIONS

1. Place kale/lettuce mix in a large bowl. Tear larger pieces of lettuce into bite size pieces.
2. Pour on dressing and toss with kale/lettuce.
3. Mix in remaining salad ingredients and toss together
4. Enjoy