New HOPE Ministries

Sharing Christ's love by meeting human needs

Have SNAP Work Requirements? New Hope Can Help.

Get training. Meet requirements.
Build a brighter future.

What are SNAP Work Requirements?

Many adults ages 18–64 who are physically and mentally able to work must complete **80 hours per month** of work, education, training and/or community service to keep receiving SNAP benefits, unless they qualify for an exemption.

There Are Exemptions

You may be exempt if you are pregnant, caring for a child under 14, have a health condition or disability, are caring for an ill or disabled person, receiving unemployment benefits, experiencing domestic violence, or in other qualifying situations.

Learn more on the Pennsylvania DHS website.

New Hope Ministries is an Approved SNAP Qualifying Program

Our vocational and workforce training programs can help you meet SNAP work requirements and build skills that lead to employment and greater stability.

Our Approved Training Programs

- Commercial Driver's License (CDL) Certificate
- Phlebotomy Technician Certificate
- Emergency Medical Technician (EMT) Certificate
- Pharmacy Technician Certificate
- Nurse Aide Training Program
- Child Development Associate (CDA) Class



More Than Just a Requirement

Our programs not only help you meet SNAP requirements — they equip you with in-demand skills that can open doors to meaningful employment and a more stable future for you and your family.

How It Works

1. **Connect with Us** — Learn about our training programs and whether they're a good fit for you.
2. **Enroll in a Program** — Participate in one of our approved vocational training programs.
3. **Meet Requirements** — Your participation may help you meet SNAP work requirements (see program details).
4. **Build Your Future** — Gain skills, increase your employability, and move toward greater stability.

Helpful Resources

Scan a QR code for Pennsylvania DHS SNAP information.

SNAP Work Requirements & Education / Training

SNAP Student Eligibility Exceptions

SNAP Toolkit (State Resources)

Contact New Hope Ministries

Phone: 717-432-2087 | **Website: nhm-pa.org**

Serving Adams, Cumberland and York Counties